

The Young Carer Quiz

This quiz is designed to be used with the other resources produced for Young Carers Awareness Day.

1. How many young carers are there in the UK?
2. On average, how many young carers are there in each classroom?
3. Up to 80% of young carers are missing out on what other children their age are doing.
True or False?
4. Young carers do better than their peers at GCSE level?
True or False?
5. Most teachers know who the young carers are in their class.
True or False?
6. What is the average age of a young carer?
7. Young carers are entitled to a carer's assessment.
True or False?
8. What percentage of young carers are bullied simply because they are helping or caring for someone?
9. Most young carers don't want to go to college or university.
True or False?
10. There are young carers as young as five?
True or False

Answers

1. A survey in 2010 by the BBC estimated there to be 700,000 young carers in the UK.¹
2. There are an estimated two young carers in every classroom.²
3. **True.** A Carers Trust survey found that 80% of young carers were missing out on their childhood because of their caring role.³
4. **False.** Young carers don't do as well at GCSE level as their peers (juggling caring and education can be tough!).⁴
5. **False.** A survey found that 42% of young carers said there was not a particular person at school who recognised them as a carer and helped them.⁵
6. The average age of a young carer is 13.⁶
7. **True.** Under the Care Act 2014, young carers are entitled to an assessment. It will look at what can be done to make caring easier for a young carer. See Carers.org/article/who-can-have-carers-assessment
8. In recent research, a quarter (26%) were bullied at school because they are helping or caring for someone.⁷
9. **False.** The majority (84%) in a recent survey, said they intended to go to university or college.⁸
10. **True.** Some services are working with younger or infant carers aged 5–8.⁹

¹ The BBC, with assistance from The Princess Royal Trust for Carers, surveyed 4,029 pupils in ten secondary schools in 2010 and found 337 had caring responsibilities.

² Following a survey in 2010, the BBC estimated that there are 700,000 young carers in the UK. That equates to one in 12 school children or two in every classroom.

³ Carers Trust (2015), *Missing Out Survey* (Carers Trust).

⁴ Sempik, J, Becker, S (2013), *Young Adult Carers at School: Experiences and Perceptions of Caring and Education* (Carers Trust).

⁵ Sempik, J, Becker, S (2013), *Young Adult Carers at School: Experiences and Perceptions of Caring and Education* (Carers Trust).

⁶ Census 2011 (England and Wales).

⁷ Sempik, J, Becker, S (2013), *Young Adult Carers at School: Experiences and Perceptions of Caring and Education* (Carers Trust).

⁸ Sempik, J, Becker, S (2013), *Young Adult Carers at School: Experiences and Perceptions of Caring and Education* (Carers Trust).

⁹ Mills, P, Ashley, D, Phelps, D, Warren, S, (2015), *Supporting Young Carers Aged 5-8, a Resource for Professionals Working with Younger Carers* (Carers Trust).

Information

Carers.org/ycad

