

AGM 2015

at The Memorial Hall . Pickering

2.00pm
Wednesday
7th October

Meeting challenges and moving forward in our 20th Anniversary Year

Elizabeth McPherson - Chief Officer

We have seen many changes over the last year with the introduction of the new Care Act, the Children's and Family Act and now the delay of the second phase of the Care Act on paying for care, possibly until 2020.

As a growing organisation we have also seen a lot a changes, we have said goodbye to staff that have been part of Carers Resource for many years and we have welcomed new faces to the team. We have also seen changes within our Trustee Board, Gareth Williams and Garry Davies have joined the board and bring some great business skills with them as well as being keen to ensure the values and ethos of the charity as it continues to flourish.

We have just celebrated our 20th Birthday with a special afternoon tea attended by many carers and supporters including the Deputy Mayor of Scarborough. Entertainment was provided by Allerston Aloud Choir and LL's Bells to the delight of the audience. It was great to see previous managers, Philippa Hare the first manager who set up Carers Resource and Suzanne Carr who then passed the mantel onto me to keep growing the charity, to

which I'm delighted to now have secured the Young Carer service.

Can I finally say a really big thank you to everyone who has supported Carers Resource over the last 20 years we couldn't have done it without you.

Inviting you to our AGM

We would like to invite you to our AGM, this year it will be held in Pickering.

Chris Jones-King from NYCC will give a talk about the Care Act and how it may affect carers and their families in this area.

**2.00pm on Wednesday 7th October.
At The Mill Suite, The Memorial Hall,
Potter Hill, Pickering, YO18 8AA.**

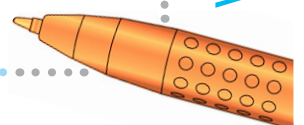
Please complete the AGM return form on page 8 and return to us by Freepost.



Elizabeth McPherson cuts our 20th Anniversary Cake with former managers of Carers Resource, Suzanne Carr and Philippa Hare.

Take part in our Carers Survey (pages 5 & 6)

Share your ideas with us and return the survey by Freepost





Scarborough & Ryedale Carers Resource 20th Anniversary 'Special Afternoon Tea'

The three managers who have guided Carers Resource over the past 20 years cut our celebration cake (from left, Elizabeth McPherson, Suzanne Carr and Philippa Hare).

Above: Allerston Aloud Choir (left) and members of Friends of Carers Resource helping to provide the delicious afternoon tea (right).

Below (clockwise) Young Adult Carer Chris Elliott and mum; Chris giving a talk about the work of young Adult Carers; The Deputy Mayor of Scarborough & current manager, Elizabeth McPherson; LL's Bells performing; and some of the many carers and supporters of Carers Resource who attended the event.



Carers Resource News - Adult Service

Carers 'Cuppa Clubs' for Pickering & Filey

The adult service has been busily offering support at a variety of locations across Scarborough, Ryedale and Whitby. These have been positively received and from these we are very excited to be offering the first of our monthly Carer Cuppa Clubs in Filey and Pickering!

If you are interested in coming along please do get in touch. As in the title there will be copious cuppas on offer as well as some sweet treats. In the course of our work with carers, we find so many feel isolated. The Cuppa Clubs are a good opportunity for people to get together, have a chat and meet others.

Each club will be facilitated by one of our Support Workers – Alison will be leading the Filey groups at the Evron Centre and Sheila the Pickering ones at the Friends Meeting House.

We are hoping for a Whitby Cuppa Club next year as well as consideration for a Scarborough group so watch this space!



Dates for Filey: 16th September, 14th October, 11th November, 9th December at the Evron Centre, Filey, from 10.00am - 12 noon.

Dates for Pickering: 16th September, 21st October, 18th November, 16th December at the Friends Meeting House, Castlegate, Pickering, from 10.00am – 12 noon

Young Adult Carers

The Young Adult Carers project is back!

Funded by the Big Lottery and running in partnership with Hambleton and Richmondshire Carers Centre, we hope to support many more Young Adult Carers (YACs) over a greater area. It will also give the opportunity for YACs to meet new carers from a different area, share stories and have fun together.

The dedicated worker for the project is David Jackson – recently transferred from the Young Carers team! David will support YAC's by providing 1:1 support and organising a full programme of activities. Check out our website to find out what is happening. As events and activities are organised they will be posted on the website and our Facebook page.

To find out more about the Young Adult Carer project contact David on david@carersresource.net or call 01723 850155



Young Adult Carers
SCARBOROUGH AND RYEDALE CARERS RESOURCE

Take part in our Carers Survey

We'd like to hear your views about the service we offer to carers and your ideas for future developments.

Complete the form on pages 5-6 and return to us by FREEPOST.

Young Carers Service

Young Carers have been having plenty of fun during the summer holidays, with trips to Thornton le Dale show, Flamingo Land, Egton Show and the Mini Monsterz soft play centre. A full day of outdoor activities was enjoyed at Carlton Lodge and regular games nights for the older young carers are proving to be popular.

The Young Carers service have strong links within schools, and from September onwards will be setting up monthly lunchtime hubs in secondary schools and colleges across Scarborough, Whitby and Ryedale. The Support Workers will also be attending school assemblies to raise awareness of Young Carers and encouraging schools to supply our Young Carers with a NYCC Young Carers Card.

We have a small group of Young Carers 'Champions', these are Young Carers who have been trained to speak up in meetings or conferences highlighting issues faced by young people.

Fundraising for Carers Resource

A number of successful events have been held recently to raise funds for Carers Resource.

A **Pub Quiz** at the Sun Inn, Pickering raised £255.

A **Table Top Sale** at Snainton made £150. Another Table Top Sale will be held on 22nd November. If you would like a table at this sale or have items to donate for Carers Resource funds, please get in touch with us.

A **Paper Quiz** has been available in local shops for a few months now and has so far raised nearly £300. Still time to have a go at this, the closing date isn't till the end of September – you may win a cash prize!

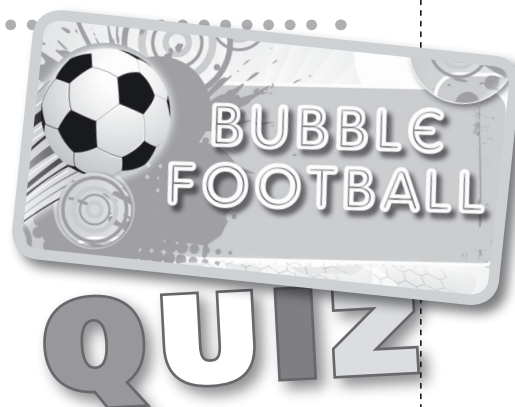
Many thanks to the Friends of Carers Resource and everyone who has organised, helped with or taken part in any of these events.

Ryedale School and Hertford Vale School took part in TieDay Friday back in June, which highlighted issues faced by Young Carers. Thanks to them for donations from the day.

Thanks also to **Year 6 at Cayton School, Hackness Ladies Choir, Pickering Tourist Information and Filey Lions** who have also kindly sent us donations in the last few months.



North Yorkshire Youth services are holding a 'Youth' forum in Harrogate later this year, which we are hoping to attend with some Young Carers.



'Big Day Out'

We are also very grateful to **Moneyweb** who are supporting us again this year.

A **Bubble Football** competition and a full day of family fun will be held on Saturday 5th September, details on our website. More news and photos of this event will be posted on our website and facebook pages.

Carers Survey

Carers Survey and AGM forms
It's easy to return them to us by **FREEPOST**

We are very interested to hear your views on how you think we are doing, good or bad! If you are receiving services from us, or have done in the past, please take 5 minutes to complete this survey. Return it free to the address overleaf.

You can download a copy of this survey from our website at www.carersresource – find the survey on our 'news' page or our 'downloads' page.

<p>1. What is the condition of the person you care for: (tick all that apply)</p>	<p><input type="checkbox"/> Physical disability <input type="checkbox"/> Learning disability <input type="checkbox"/> Mental Health issues <input type="checkbox"/> Dementia <input type="checkbox"/> Visual Impairment <input type="checkbox"/> Hearing Impairment <input type="checkbox"/> Substance Abuse <input type="checkbox"/> Other</p>
<p>2. How many hours of care do you provide?</p>	<p><input type="checkbox"/> 1 – 19 hours <input type="checkbox"/> 20 - 49 hours <input type="checkbox"/> 50 hours or more</p>
<p>3. What age range are you?</p>	<p><input type="checkbox"/> 0 - 24 <input type="checkbox"/> 25 - 49 <input type="checkbox"/> 50 - 64 <input type="checkbox"/> 65+</p>
<p>4. What age is the person you look after?</p>	<p><input type="checkbox"/> 0 - 24 <input type="checkbox"/> 25 - 49 <input type="checkbox"/> 50 - 64 <input type="checkbox"/> 65+</p>
<p>5. If you have telephoned or emailed Carers Resource, did we answer quickly?</p>	<p><input type="checkbox"/> Yes <input type="checkbox"/> No</p>
<p>6. If you left a message on our answering machine, did we ring you back promptly?</p>	<p><input type="checkbox"/> Yes <input type="checkbox"/> No</p>
<p>7. Was the person who answered your call: (tick all that apply)</p>	<p><input type="checkbox"/> Friendly <input type="checkbox"/> polite <input type="checkbox"/> knowledgeable <input type="checkbox"/> helpful <input type="checkbox"/> rude <input type="checkbox"/> unhelpful</p>
<p>8. If we sent or gave you information leaflets, was this information:</p>	<p><input type="checkbox"/> Relevant to your enquiry <input type="checkbox"/> not useful <input type="checkbox"/> too much information <input type="checkbox"/> too little</p>
<p>9. If it was arranged for one of our Support Workers to contact you, either by phone or face to face, did you find the Support Worker: (tick all that apply)</p>	<p><input type="checkbox"/> Friendly <input type="checkbox"/> polite <input type="checkbox"/> knowledgeable <input type="checkbox"/> helpful <input type="checkbox"/> rude <input type="checkbox"/> unhelpful</p>

10. During our contact with you, if we agreed to do something within a timescale, was this timescale met?

always *sometimes* *never*

11. Has our support made a difference to you?

Yes *No*

If yes please say how.

12. Would you use this service again or recommend it to others?

Yes *No*

13. If you were unhappy with our service why was this?

14. What other services would you like us to deliver that would help you in your caring role?

15. Would you be happy to be contacted in the future to give your views on carer services?

Yes *No*

If yes please complete your contact details here.

Name

Address

..... **Telephone**

Thank you for completing this form, we appreciate your honesty and feedback. This will help us to continue to develop and deliver our service to all carers throughout Scarborough, Whitby and Ryedale.

Please return your completed survey to:
FREEPOST RSBA-HSHU-YKZZ
Scarborough & Ryedale Carers Resource,
96 High Street, Snainton, Scarborough YO13 9AJ

Scarborough & Ryedale
Carers Resource



Scarborough & Ryedale
Carers Resource

Would you like to be involved in how Carers Resource is run?

Scarborough & Ryedale Carers Resource is a membership organisation. This means that members vote and appoint Trustees to manage the organisation on their behalf. All potential Trustees must be members of the organisation before they can be nominated and elected at an AGM.

Membership

Show your support for Scarborough and Ryedale Carers Resource by becoming a member. This will entitle you to vote at the AGM and thereby influence the direction and future development of the organisation. Members are entitled to nominate another member to be a Trustee, or stand for nomination themselves. The only commitment of being a member is that in the event of the organisation being wound up, members may be required to contribute £1 to the assets of the organisation. Fill in the membership section overleaf and return to us at the Freepost address shown.

Trustees

The Board of Trustees are responsible for ensuring the organisation is run in accordance with its aims and objectives. The Board meets 6-8 times a year and is made up of people from all walks of life. It is important for some Trustees to be carers or former carers, some also have business and financial skills or experience in social care or community work. Currently there are no vacancies on the Trustee Board, but if you are interested and would like to know more about what is involved, please contact the office. We can keep your details for future vacancies as they occur.

focus carer

Focus Carer is the newsletter of Scarborough & Ryedale Carers Resource. We always welcome your contributions, letters, news, praise or criticism.

Please contact us at Scarborough & Ryedale Carers Resource,

96 High Street, Snainton, Scarborough. YO13 9AJ

Phone: 01723 850155

e-mail: staff@carersresource.net

web-site: www.carersresource.net

Facebook and/or Twitter



Please note that whilst every care has been taken to provide accurate information, no responsibility can be accepted for errors and omissions in this newsletter, neither does the inclusion of any resource or service imply any kind of recommendation.

Scarborough & Ryedale Carers Resource is an independent Charity and a Company limited by guarantee. Charity No. 1046228. Company No. 3042108. We are funded by NYCC Health & Adult Services, local Clinical Commissioning Groups and several Charitable Trusts.

AGM - Reply Page

Please complete this page and return it to us FREEPOST

**FREEPOST RSBA-HSHU-YKZZ, Scarborough & Ryedale Carers Resource,
96 High Street, Snainton, Scarborough, YO13 9AJ**

**I will be attending the AGM on 7th October 2015
at Pickering Memorial Hall**

yes no

Members not able to attend the AGM are entitled to appoint another person to vote as their proxy. If you wish to appoint a proxy please tick here and we will send you the appropriate form.

I would like to make a proxy vote

Membership

Scarborough & Ryedale

Carers Resource

Membership needs to be renewed annually, so please complete this section.

You will receive a membership certificate.

I wish to apply for membership of Scarborough & Ryedale Carers Resource for 2015-16

Name:

Organisation (if any):

Address:

Phone number:

Donations and Gift Aid

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I enclose a donation of £

Please make cheques payable to Scarborough & Ryedale Carers Resource.

OR, I would like to make a monthly donation of £

Please send me a standing order form.

Sign and date below if you are eligible to donate via Gift Aid

Please treat this donation and all future donations I make to SRCR as Gift Aid until I notify you otherwise.

Signature: Date:

Print name: