



Walk the Walk

Sunday 7th April 2019

A Walk for all the family - come walk with us
There are 2 options

Option 1

22 miles - **The Ultimate Challenge** - Join the ultimate team at Whitby for an early morning start: 8:00am

Option 2

12 miles - **The Family Challenge** - Join the family team to walk from Ravenscar with a late morning start: 11.00am

Join us to raise funds and awareness for four wonderful charities. All charities are dedicated to supporting communities across Scarborough, Whitby and Ryedale and are dependent on identifying local support.

Scarborough & Ryedale
Carers Resource

YMCA SCARBOROUGH

 **mind**
for better mental health
Scarborough,
Whitby and Ryedale



Walk the Walk details

7th April 2019

The walk will take in some stunning views as you travel along the old railway line, all flat and slightly downhill. Please be aware there is a hill challenge near the finish line as you climb up to Scarborough Castle. We will have a number of stop-off points along the way for a snack and/or water. Please see the intended route below- you don't have to stop at them all but you will be asked to register through each checkpoint:

The Ultimate Challenge (8.00am start)

Whitby Abbey Car Park - Meeting point

Hawsker cinder track - 2.56 miles

Robin Hoods Bay - 5.48 miles

Ravenscar - 10.23 miles

Hayburn Wyke - 14 miles

Scalby (Station Road) - 18.25 miles

Manor Road Cemetery (Down the Glen to Peasholm) - 19.7 miles

The Family Challenge (11.00am start)

Raven Hall Hotel - Meeting point

Hayburn Wyke - 3.8 miles

Scalby (Station Road) - 8.16 miles

Manor Road Cemetery (Down the Glen to Peasholm) - 9.64 miles

All walkers will need to:

Think about their clothing and footwear!

Bring with them a refillable water bottle.

Complete a simple registration form, available from your chosen charity,

or register through Eventbrite at www.eventbrite.co.uk and search for **Walk the Walk**

Register they have finished the walk at the Castle

Ensure under 18's are accompanied by an adult

Important to note:

Scarborough Castle has very kindly announced the 7th April as a 'Community Day'. This means entry to the Castle is free for all walkers and their supporters! Please remember parking around the castle is restricted to on street disc parking or in the nearby car park.

Please call Scarborough & Ryedale Carers Resource if you would like to book a place on the free coach to Ravenscar 01723 850155

