

We are the 'go to' organisation offering support to carers and the wider community, across the coast and vale

focus carer 94

The newsletter of Scarborough & Ryedale Carers Resource

Autumn 2020



you care, we care

Celebrating 25 years of the Carers Resource family



Elizabeth McPherson – Chief Officer

Welcome to our 94th edition of Focus Carer; in this edition we want to give you some insights into the daily life of the organisation and to share with you the news that we are celebrating 25 years as a registered Charity and what a year it has turned out to be! We had lots of exciting plans with fundraising and activities all sorted – including my skydive, a 25 mile team walk and even a Tough Mudder! But in March, Covid-19 turned all our worlds upside down, however we are determined that our 25 year celebrations

won't be forgotten and we're planning a 25+1 next year to ensure we celebrate with you, albeit a bit later.

I want to acknowledge the excellent efforts of the staff team as Covid-19 restrictions took hold. The decision for staff to work from home was agreed by the Trustees and we invested in new laptops to ensure the staff could continue to support our clients. We learnt to use Zoom and Microsoft Teams so we could keep in touch virtually with all those who wanted to. We set up group virtual activities and kept in weekly contact with many clients who were becoming even more isolated.

We invested in Kindles for those who wanted to keep in touch but didn't have the equipment to do so. Staff helped clients to set up and become Zoom experts. Our normal working patterns had to change and, looking forward, staff are going to incorporate this new blended way of working between the office and their homes,

I would like to mention our commissioners and external funders who have been very supportive and thankfully we never felt that our funding was at risk. We continued to deliver services as near as normal and for many with more regular contact, usually weekly. The Trustees have ensured SRCR kept on track financially and were very keen to provide support to any staff that were struggling. We now have the services of an experienced psychologist and life coach to support staff welfare and resilience.

We continue to be very positive about the future and will be developing new ways to provide support inclusive to all who want it. For now, can I

thank you all for your continued support and please keep safe in these challenging and changing times.

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1995



2005



2004

2015



1997



2001



2005



Clockwise from top left: 1995 – the original Carers Resource team with Chief Officer, Philippa Hare (right), at their portacabin office. 2005 – Celebrating 20 Years (from right) Elizabeth McPherson, Suzanne Carr and Philippa Hare. 1997 – 'Investors in People' Award. 2005 – Open Day at Outgang Road, Pickering offices. 2001 – New manager appointed, Suzanne Carr. 2004 – The staff team. 2005 – Volunteers work to organise and update the information resource.

FACTS FILE

1995

1995 – Service Opens:
Adult Carers Service,
first at Malton Hospital,
then Wentworth St. Malton

1995 – Chief Officer:
Philippa Hare

1998 Office move to Pickering

2001 – Chief Officer:
Suzanne Carr

2008 – Chief Officer:
Elizabeth McPherson

2009 – Office move
to Snainton

celebrating 25 years supporting carers

the journey

If our last 25 years could be described as a journey – we have had many adventures (milestones) along the way and we still have lots of exciting plans going forward – but we have had an amazing journey thus far!



At the portacabin office, 1995



Trustees at the opening of the Outgang Road offices, Pickering, 1998



Our current home at Snainton

Our SRCR (Scarborough & Ryedale Carers Resource) journey started in 1991 in a small room in Malton Hospital – supported in those early days by the Kings Fund, established in the hope of raising awareness of carers' issues.

It wasn't until 1995 that the Charity was registered, coinciding with a move to a portacabin in Wentworth Street Car Park. As we started to grow, we moved again to larger premises in Outgang Road, Pickering, where we parked to draw breath and build solid foundations from 2000 to 2009.

In 2009 the Scarborough & Ryedale Carers Resource team (12 of us by this time), was on the move again, arriving at our current destination on the High Street in Snainton. Our office now houses the 23 members of staff and it does feel like our home! We are happily working out of this location and within the communities of Scarborough, Whitby and Ryedale, for the next few years at least!

Our physical journey has been one thing, but our delivery journey has also led us on some very different and welcome adventures. As we said we were formally established in 1995 to focus on unpaid Adult Carers, over the years we have been able to slowly expand our offer to include: discrete services for Young Adult Carers (16-25) in 2011, A Young Carers Service (8-18) in 2014, and a service to support the wider community from 2018.

In 2020 we have 6 delivery service lines – each with their own outcomes and pathways, but all moving in the same direction and with a single mission:

Together we aspire to empower and give confidence to all those we support; to help them navigate their individual challenges and find a clear pathway through to a well-balanced life.

Not a bad destination in life to try and arrive at!



celebrating supporting

the journey 25 years carers



Above: 2015 - Founder members of the Young Carers Forum. They visited Parliament (left) and also designed a 'we care' logo and campaign.



Right: Fund raising has been a constant pursuit throughout the years, this can involve becoming 'cowfolk' for a day...



Young Adult Carers developed the very imaginative and enjoyable Summer Beach Chalet project, in which, for a week, carers and their families could visit the beach to relax and have fun.



... or helping out at a local supermarket!

(continued from page 3)

Each time we think we are nearly there, we are ambitious enough to try and extend, improve and increase our capacity to support more people in their personal journeys. Each year we are now supporting around 3000 individuals; if we can help those individuals to move forward we know we will be positively impacting on the lives of many more family members as well.

Looking back over our Charity's journey – we are proud to have supported and met over 62,500 people – wonderful people, doing their utmost to support their families and often putting caring responsibilities before their personal needs and aspirations. Our role has been a privilege – to ensure we ease their journey and give them the tools, knowledge, space and support to carry on. Just think how many people that might mean when we reach 2045 and our gold anniversary (50 years!)

We are going to leave some of our current adventures hidden from view at this stage – saving it for our next edition of Focus Carer when we hope we will be able to celebrate our 25+1 Anniversary in real style with you.

BUT! If you would like to know more and see some of the passion and commitment that has driven us forward on our journey thus far, please feel free to register for our **Annual General Meeting**.

Fashionably (and a little regrettably) brought to you in the comfort of your own home on ZOOM on the 7th October 2020 @ 10.00am.

To request a link to the meeting and a copy of the relevant papers and information please email Lynn: staff@carersresource.net



Elizabeth



Claire



Jodie





Claire



Alison



Teresa

meet the adult carers team



What a difference a year makes! Can we provide a service under lockdown...

Yes We Can!

In these unprecedented times, the Adult Carer team has been busy using new, creative ways to respond to Carers' needs. We therefore made it our mission to reach out to carers in every way possible; allowing us to offer a 'go to', practical, new-style service accessible to every unpaid carer in our area.

Zoom to the rescue... CARING WITH ACTIVE CONFIDENCE (CWAC)

Over the last 12 months our 'Caring with Active Confidence' provision has become a regular and much loved calendar date in the diary of many carers; fondly known as 'CWAC', the provision has been providing much needed respite, fun and laughter for a growing number of members.

But in March 2020 the group went through a massive learning curve and transferred from a very successful physical group to a techno-savvy ZOOM group. So we continue with fortnightly, two hour sessions allowing carers to engage in varied activities provided by guest speakers. Crafts, art, fitness, music, local history and special events. VE Day was a special feature – with VE activity packs being sent out to all members and a really good sing-song on screen remembering celebrations past and present. To learn more about CWAC, contact us on the usual numbers. Concerns about the technology? Just let us know. **We think we've 'CWACKED' IT!**

The Power of the Listening Ear

In February, John made a self-referral to Carers Resource; he and his disabled Mum had recently moved here and he'd found us on the internet. Our Carers Assessment quickly highlighted that their housing situation was badly affecting their well-being. With additional physical accessibility needs (and a dog), finding a suitable place had been impossible and they had taken a first floor flat which was not appropriate but was a roof over their heads.

John's Mum was socially isolated and suffering from a lack of confidence which was causing distress for John too. John's working life started to suffer and he found it hard to make new friends.

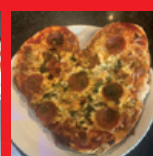
We signposted John to Housing Options for an urgent housing review and to NYCC for an OT assessment of the flat's unsuitability for his Mum. Soon afterwards they were offered a bungalow with a garden. Happily, they and their pet dog now have a greatly improved quality of life! When asked about the service he'd received, John commented: *"The Team were very kind and provided life changing help and support. It was invaluable and the most helpful part was being listened to"*

**Don't forget we are just 'ONE CALL AWAY!'
– 01723 850155**

"Thank you for giving me back some freedom in my life – it has made such a difference." Jenny

John's story

Adult Carer Service



Clockwise from top left: Liana's recreation of a painting (see inset) as part of our Getty Art Museum Challenge. Zoom cookery projects were a weekly feature of the lock down, making a range of delicious cakes & pizzas. Origami projects challenged our fingers! See this snake, living happily on a light fitting. William, who triumphed with his manufacture of face shields for local nursing homes (find the story opposite). Roman's skillful Cosplay costume creation. Aggie's Carers Week message.

Young Carers Service

SCARBOROUGH & RYEDALE CARERS RESOURCE

zoom, pizzas, art, pets and more!

2020 so far has been a challenging time for many of the young people we support... however nothing has held back the Young Carers Team, who have continued to work with young people aged 8 - 18 who have a caring role for a family member within the home.

First and foremost our continued ambition is to provide support for young carers and their families to help them develop emotionally, socially and physically. It is also really important to us to work with young carers both at home and in school in order give them the skills and confidence to maximise their educational and career aspirations.

The impact of the pandemic has been profound on many of our young carers – it has exasperated their anxieties and feelings around isolation, loneliness and for sure has impacted on their caring role... but once again our young carers have astounded us with their continued resilience, resourcefulness and empathy for others. Together we have worked to journey through the practical and emotional challenges of lockdown, shielding and finding new ways forward for their families.

Let us tell you about William... who, when faced with the disappointing news that their well needed family holiday was cancelled due to Covid 19, he looked at ways he could use the holiday refund to help others in need.

William is a young carer for his father and he is supported in service by one of our support workers, Lisa. When Lisa discovered what William was doing, above and beyond his caring role, we just had to share it!

With the money they saved, the family purchased a 3D printer. William produced over 1000 face shields that have been supplied to nursing homes across Scarborough and Bridlington, including St Catherine's Hospice. His inspirational story has even reached international news in America and France!!

What a truly amazing young man!

The Young Carers Team has found lots of creative ways to support and stay connected with our Young Carers this year. Technology and social media was always a key part of our delivery plans but, since March it seems to have had a transformational effect in proving an inspirational means to capturing the hearts and minds of both the staff and our Young Carers.

We have zoomed and face-timed our way through countless workshops, craft sessions, cookery classes, rapping lessons and so much more. They say a picture speaks a thousand words, and there is no truer word spoken when you take a look at some of these photos of the workshops and sessions recently undertaken – including a stunning recreation by Liana responding to our Getty Art Museum Challenge. We have seen technology bring young carers together for learning and laughter; allowing them to confidently engage and sometimes lead sessions such as designing and delivering quizzes, creating music and lyrics, plus mindfulness activities useful for all the family.

These guided learning experiences helped connect like minded young people and have given those involved newfound confidence in sharing their skills and experience.

William's story

Contact Us: For more information of how to access the service, or about how we can offer support please visit:

<https://www.carersresource.net/ycs-welcome-page.html>



Rachel



Helen



Ryan



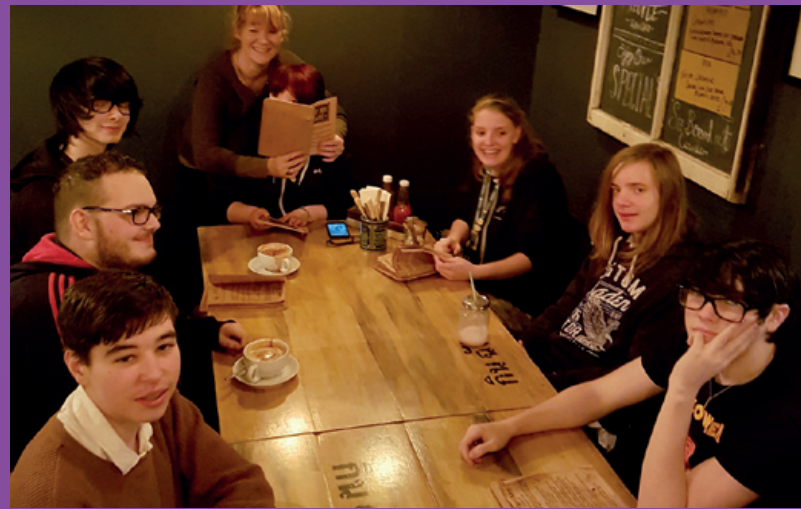
Lisa



Kelly

"You have made this year so much more bearable; the support you have given has made such a difference – we will be forever grateful for this time." Mum and Kellie

Young Carers Service



Clockwise from top left: Young Adult Carers take part in many activities – here, a 'Sew Easy' project, participants learnt to design and make clothing and costumes. 'Jog-On', a 10 week course introducing carers to gym activities, complete with advice from a personal trainer. Social meet ups provide a much needed opportunity to make new friends. Museum visits widen our knowledge, exploring new ideas.

Young Adult Carers

and we'll make ^{for ourselves} a new set of clothes

The Young Adult Carer Project supports 16-25 year-old carers. Being a young adult can be challenging at the best of times; but we understand how difficult it can be navigating education, work and social lives with the added pressure of having someone who depends on you. Our aim is to offer personalised, meaningful and transformative support – the right support at the right time.

The team have a wide range of options available to Young Adult Carers:

- 1:1 sessions (currently just virtual)
- Small group activities (creating peer support and including new experiences!)
- Information, guidance and support – offering access to knowledge to help them make more informed choices
- Support to help them set and achieve goals and aspirations
- And most importantly to our young people – time and a listening ear

100% we are here for those who care because #wecare



So what might this look like in practice?

James (18) is an incredible young man, he looks after his mum who has suffered a stroke, profoundly affecting her mobility and her ability to look after James' two younger siblings, Alfie and Violet. James has his hands full with the 2 children; getting them up on a morning and getting them ready for school; making packed lunches, ensuring uniforms are clean and the children are 'school ready'. Once the children are sorted his attentions turn to mum, helping her with breakfast, putting her medication together and laying out her clothes for the day. Though she has some aids to help with dressing, she still struggles, so James helps with fastenings and shoes.

When James' mental health and ability to cope took a down-turn, his College Pastoral team made a referral to the Young Adult Carers Service. When we met him he felt tired and worried about the expectations he had to manage. In his last year of college he was finding less and less time available to study. He hardly went out

with friends and his social circle was diminishing as no one really understood his situation.

We were so pleased to have received the referral when we did; time was important as we wanted to try and help James make some immediate positive changes for himself and the whole family. A carers assessment at the start triggered a range of interventions that started to transform his position:

- Statutory service support was secured for Mum; a carer now goes in everyday to support with personal care and getting dressed (and gives mum a reassuring social contact each morning).
- James now receives an enhanced bursary and support with his travel expenses.
- He has access to regular 1:1 time with his support worker – a trusted and valued listening ear that gives James time to talk and develop strategies to help him better manage his mental health
- Throughout lockdown (a challenging time for the whole family) we facilitated access to a volunteer shopping service – a worry taken away as the family shielded

Despite everything, the picture started to improve; James started to engage more and more. We accessed some additional funding to purchase a laptop (easing the college work challenges) and allowing James to access a wide range of online activities arranged by the Young Adult Carers team – turns out James is quite a film buff and really enjoyed the film quizzes!

Things may always be tough for James, but with ongoing professional support, things are improving all the time for him.



David



Karen

"I am very grateful for all of the advice, listening, helping and caring they have provided for me over the last 4 years – volunteering is my way of saying thank you." Michael

Young Adult Carers

James' story



growing towards a new life in gardening

William gardening

William referred himself to the service after reading about us on our Facebook page. (Find our page at www.facebook.com/srcrati).

William has suffered with his mental health for quite some time, seeking some answers his doctor had referred him to be tested for Asperger syndrome. William's challenges with his mental health meant he was unable to sustain his employment and eventually had to leave work; this obviously added to his low mood but we were delighted when William found the strength to reach out and seek support.

Dawn (our ATI key worker) and William talked through his barriers and fears with respect to finding a pathway back to employment – William recognised that some of the challenge was his struggle with communication and social skills.

It was clear William was keen to get back to work and was determined to find something he could invest all his energy into. William talked fondly about previously being a grounds person – a job he had for only 8 months but had loved it and it had fitted perfectly with his skills/confidences.

Through discussion with William and his family, we created an action plan together – a plan to support William's journey into self-employment as a gardener. William was supported to explore his business idea, and along the way encouraged to complete a number of short courses to help him build resilience and confidence.

Action Towards Inclusion provided funding for William to create leaflets and helped him to pay his public liability insurance; all essential milestones in starting his business. William signed up to the New Enterprise Allowance Scheme, and once his business plan was signed off, he was able to receive additional financial support for the first 6 months of running his own business. William registered with HMRC at the start of August and is now building his customer base.



William's new business provides a range of garden services.

It's been incredible to be part of William's journey, we wish him every success in his new venture – **if you need anything doing in the garden, give him a try!!**



Dawn





finding friendship and support with bell-a-pal

Since the last edition of Focus Carer so much has changed for the My Neighbourhood Service. As a service we are dedicated to supporting those in our communities who are experiencing periods of isolation and loneliness for a wide range of reasons – since March 2020 we have seen some extraordinary times bring about isolation for some very different reasons.



My Neighbourhood - local school children deliver an Easter treat!

Over the last few months the staff team have had to adapt and diversify from face-to-face contact with their clients to relying on the telephone and online groups – this will slowly change and we are working to safely re-introduce some small group activities and some face-to-face coffee meets in gardens and other green spaces.

But it's the phone calls that have proved incredibly empowering over the last few months. As the number of calls to clients exponentially increased, we quickly realised that we needed the support of our wonderful team of Scarborough & Ryedale Carers Resource Volunteers – they were keen to step up to the challenge and adopt new roles from their usual responsibilities with us.

Our shopping buddies, theatre buddies and event helpers all took to it like a duck to water and within weeks we had developed their work into a new service – one to stay long after the immediate challenges of the pandemic have reduced. So from a very difficult situation **'Bell A Pal'** was born – not a continental pasta dish but an impactful telephone befriending service that breaks down the barriers of isolation and loneliness.

We are now looking further afield for volunteers – we are hugely grateful to colleagues at **Wet Wheels Yorkshire** who are taking part – and in a short space of time we have recruited fourteen volunteers who between them are supporting sixteen clients – we know from feedback that both the volunteers and clients love the calls, are forming great friendships and learning new things about people and their lives – **all incredible stuff!**



Sarah



Bernadette

"What did I do before I found the lunch club, I have made new friends and found a reason to laugh – thank you." Sheila



Meet our 'Home from Hospital' Team serving Scarborough, Whitby and Ryedale, from left, Emma, Elaine, and Becky

supporting your return from hospital

The 'three musketeers' have been joined by the 'dynamic duo' to grow our Home from Hospital team to 5 this year. Together they work as two teams covering Scarborough, Whitby and Ryedale and the East Riding of Yorkshire.

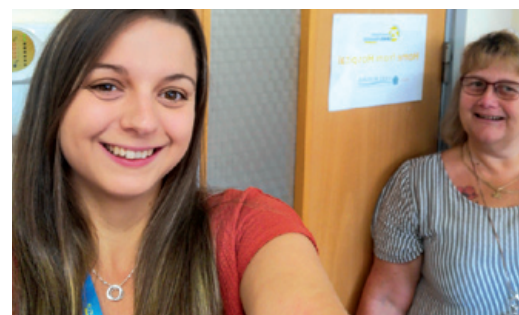
The team have a helpful mix of backgrounds and experiences, which together mean we have a massive wealth of knowledge and skills to help our clients recover well at home following a discharge from hospital. With a helping hand to settle back in at home (be it shopping, sorting the GP, getting the right services involved and/or looking at sorting practical adjustments to the home), it's a real testament to the work of the team that many many clients feel confident and recover quicker when some of the simple day-to-day tasks are ticked off the list. In addition we have 100% positive feedback on the difference a friendly face and a chat can make to our client's recovery journey.

The North Yorkshire team are in their third year of service delivery and support in excess of 600 people each year. Their work is aided by the trusted relationships and service confidence now well established with hospital teams around the area.

The East Riding team, based at Bridlington Hospital, has been running for just 7 months and even with the challenges presented by the pandemic, they have hit the ground running and been warmly welcomed by staff and patients across the county.

The service offers short term support, but it's often enough to help our clients gain the confidence they need to get back on their feet; in many instances the service has been hugely welcomed by the wider family members, possibly living further afield and so comforted in the knowledge of a local service being close at hand to help.

'Thank you Elaine – I don't know what I would have done without you – calm, practical and such a smile!' Ros (client), Scarborough.



East Yorkshire Team: Rebecca & Joanne

Just to know that mum had someone she could connect with weekly made us all feel safer – we live away and work full time so without the service we would have been lost' Jenny (daughter), Doncaster.



Rebecca



Joanne



Elaine



Becky



Emma



... and introducing the Admin team - from left - Lynn, Paul & Tasha

*Admin at
Carers Resource*

'good morning, how can we help?'

Behind the front line work of our brilliant team, is a small crew of back room support staff. Currently just 3 of us – Lynn, Paul and newly welcomed to the team, Tasha.

It is our job to make sure the systems run smoothly and help the support workers to help you (our clients, funders and partners). It is more than likely that it will be one of us that answers the phone to you when you call into the office and we will ensure you are put in touch with the right person to answer your questions.

3 may not sound too many, but the back-room staff team has grown and changed over the years to reflect the increase in both demand (as people became aware of the service) and the different services that we now offer. In 1995 there was one part-time person covering all finance and admin tasks (Gill a wonderful lady who set the systems up really good and proper – many still followed today, thanks Gill!). Then in 1999 an assistant was employed (me, Lynn) and it remained a 2 person team until 2018 when an additional person was employed to cover the financial work (Paul). In between all that we had some wonderful times with Avril and Angie – both now moved on to pastures new.

As one of the longest serving members of staff at SRCR I have seen first-hand the seismic changes that the organisation has gone through since the early days. Though as far as the admin is concerned the job hasn't changed that much, just the way we do it!

Obviously technology has played a major part here and we are now much more reliant on computer systems and far less on paper. New technology has brought many benefits, it has increased the ways you can get in touch with us – not only by phone, but via email, our website and social media pages. We can advertise and pass on information instantly. However, as much as we use modern technology, we still pride ourselves on a personal service.

We recognize that all our client's circumstances are different and tailor our support and communication methods accordingly. You can be assured that however you contact us your query will be replied to promptly and by friendly, professional people who really want to help you.



From left: Admin team members past and present – Angie, Lynn, Gill (our very first finance and admin worker) and Avril.



Lynn



Paul



Tasha

Administration

behind the scenes, but leading from the front

The Charity throughout its 25 years has been blessed with the strategic leadership of some wonderful trustees; each has come to the Charity through either their own personal connections with caring and/or their determination to see our successful advancement as a community resource committed to improving the lives of others.

When asked for some reflections to add to this edition of focus carer, we are delighted and proud to share their responses:



Michael Hunt - Chair

Michael (Chair): "I have been a member of the board of trustees for 8 years now and Chair for the last 6. I worked for many years in adult social care, latterly for North Yorkshire County Council, before my retirement; at this time I was involved in commissioning the Carers Resource.

I have long advocated the needs of carers and have been a carer myself so I hope I have some understanding of the many difficulties carers face in looking after their loved ones. I am committed to seeing our services grow and develop in the years to come and build on the excellent work of our staff team."



Edith Hardy-Lloyd
Trustee

Edith: "When asked if I would be interested in becoming a trustee at SRCR I was delighted to accept. To give a bit of background as to why caring is of paramount importance to me personally... I grew up in rural Ireland in an age where the whole community had a focus on caring for the vulnerable and the elderly. I had personally helped care for my Grandmother who lived next door to us and after she had had a stroke, at the age of 15, I slept over in her house, remote and unlit. As a young adult, sometimes I was a little scared that she would 'die in the night', but she always assured me that she wouldn't, and to be fair, was true to her word! When I was 16 she died and it left a big gap.

As I grew up, I had many more experiences of performing a caring role for immediate family; I have felt and witnessed first hand the physical, emotional and social challenges of balancing family life, work and caring... but as Elizabeth says, caring is something most of us will experience at some stage in our lives.

It is with all my lived experiences that I am therefore immensely proud to be able to contribute to this amazing organization – an organisation that orchestrates its services in such a professional way. I will strive to ensure that the focus will always be on our caring community."



Neil Daniel - Treasurer

Neil (Treasurer): "I began my journey at Scarborough & Ryedale Carers Resource in early January 2011, employed as a support worker and charged with helping to establish the Young Adult Carer service. I left the organisation to return to my career in Learning Disability Nursing and I have been a trustee since October 2012 (holding the position of treasurer for the last seven years). This only came about because of my 'ability' to add up without the use of a calculator!"

Board of Trustees



Teresa Bennion - Trustee

I have seen the organisation grow from solely providing services to adult carers to the vibrant organisation that now provides services to young adult carers, young carers and the wider community. The office team has doubled since my working days and I am always in amazement how we can fit everyone into the office at Snainton."

Teresa: *"I welcome this opportunity to express how proud I am to be part of Scarborough & Ryedale Carers Resource. As a member of the Board of Trustees I have watched the organisation grow over a number of years. The ethos of the organisation which puts its clients first continues to be paramount to all staff in the wake of this growth."*

Faced with very difficult times over the course of the last few months the team have remained committed to providing a high level of service. I have been inspired by the ingenuity of the team in ensuring the clients remain supported and engaged. I have seen how the staff and management have adapted; supporting one another in a very different working environment which has allowed the organisation to continue to grow from strength to strength and I thank all involved.

I met Elizabeth during our Business breakfast meetings and was so very impressed by her enthusiasm and passion for the organisation that it really was not difficult for her to persuade me to become a board member and I am pleased to be part of such a great team."

our finances

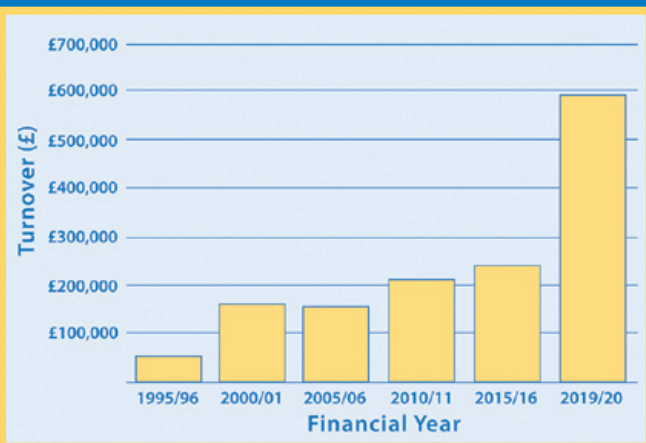
When we submit tenders or bids for grants we state exactly what we will do with the funder's money should we be successful. Once pots of money are obtained, it is essential that this money is spent on what we have stated in the original bid or tender. Hence the need for efficient 'departmentalising' of income and expenditure (I could go on but I might sound too much like a finance manager!)

For about the first 15 years SRCR supported adult carers only through one main contract – enhanced occasionally by various other short-lived projects or 'pots' which added value to the core contract. For most of this period, the day to day finances of the charity was managed by one member of staff and a very skilled and experienced volunteer (thank you Helen!).

2014 was the year that started rapid expansion within the Charity. We won the contract to provide support for young carers as well as adult carers and subsequently other grants and contracts to enhance and widen our portfolio of services.

Stop Press:

We are proud to report £6.57 per £1 invested as our social return on investment made by NYCC on core services.



Scarborough & Ryedale Carers Resource
Turnover by Year

The result of all this expansion and the retirement of our lovely volunteer, left the finance team needing some support. In 2018 a new staff member was recruited to help manage the workload. This helped ease the day to day finance obligations and enabled more time to be spent on long term forecasting and budgeting to support the charity's continued success.

I'm sure the next few years will be about consolidating our finances and working with Elizabeth (our Chief Officer) to see SRCR sustained for the next 25 years – thankfully I might have my feet up by then!

get involved! become a volunteer or a member at carers resource

We really hope that this edition of Focus Carer has given you a better understanding of our organisation and our team's personality. We are all very proud of what we achieve every day for carers and wider community members.

join our volunteer team!

Scarborough & Ryedale Carers Resource has always had the support of a small number of volunteers, but we are delighted to say this number is growing and we are keen to support more volunteers to join our organisation. We have some really fabulous opportunities for volunteers to support our team members with a wide range of activities (from back office to front of house, from behind the scenes to running sessions and groups – it really is up to you!) We pride ourselves on helping volunteers to follow their interests and gain as much positivity for themselves as they aim to give to others.

or support us by becoming a member

We also have Members – friends and supporters of the organisation who want to demonstrate their support by being there for us (and of course vote at the AGM on issues relating to our future!) We are keen to develop a membership commitment that will help us gain a stronger client voice, bring together 'friends' of the organisation to consider our impact, support us to reflect on our work and of course celebrate our successes with us!

SO if you have been inspired or are feeling a little curious about how you could get involved please feel free to contact us on...

01723 850155



*Long term volunteer
 Sheila receives a much
 deserved award.*

focus carer

Focus Carer is published by Scarborough & Ryedale Carers Resource. We always welcome your contributions, letters, news, praise or criticism.

**Please contact us at Scarborough & Ryedale Carers Resource,
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