

If you want help...

Please speak to your health professional and ask them to refer you to Home from Hospital.

To refer to Home from Hospital

Tel: 01423 863177

www.carersresource.net

Your Home from Hospital contact is



a service of carers' resource

The service is funded by Health & Adult Services, North Yorkshire County Council

The service is delivered by:

Harrogate Carers' Resource

11 North Park Road
Harrogate HG1 5PD

Craven Carers' Resource

Ronaldsway House
Skipton BD23 1PP

Scarborough & Ryedale Carers' Resource

96 High Street, Snainton
Scarborough YO13 9AJ

Selby Carers' Resource

Community House
Portholme Road
Selby YO8 4QQ

The Carers' Resource is a charitable company limited by guarantee. Registered charity No. 1049278. Company registered in England No. 3054273. Registered office: 11 North Park Road, Harrogate HG1 5PD.



a service of carers' resource

North Yorkshire

Our Home from Hospital service helps people to be more confident and comfortable when returning home



Contact the Home from Hospital Team

01423 863177

Scarborough & Ryedale
Carers Resource

Who is Home from Hospital for?

Home from Hospital is for people **aged 18 & over** who live in **North Yorkshire** and are being discharged home and would benefit from some support.

Those we can help include:

- ▶ people who have been at A&E, had a day procedure or been admitted to hospital
- ▶ people feeling unsure about how they will manage once back home
- ▶ people who live alone or those who live with someone
- ▶ those receiving NYCC Re-ablement support

This is a free service

The service is unable to support:

- ▶ people in receipt of a longer term Social Services care package
- ▶ people with complex long term care needs
- ▶ people who require only respite support

How do we help people?

The Home from Hospital team and volunteers ease the process of settling back home – allaying any anxieties and helping to resolve issues that may arise.

Support can be provided for **up to 6 weeks**, depending on our assessment of what might be needed. Over this period, we can assist in re-building confidence and independence.

Our visits are usually **weekly and for up to 1 hour**.



We make an initial home visit to discuss any immediate concerns and needs. The support provided will vary according to an individual's circumstances and may include:

- ▶ a small food parcel
- ▶ telephone check calls between visits
- ▶ light essential house tasks
- ▶ liaising with health and social care professionals
- ▶ help to access appropriate benefits/community services
- ▶ shopping
- ▶ collect prescriptions
- ▶ companionship with a watchful eye on progress
- ▶ linking with local social activities



We are unable to:

- ▶ provide personal care (eg assist with washing, dressing, toileting)
- ▶ administer/prompt medicines or provide medical care